

Choo-Choo Signal

March 20 program: Captioning 101

Member birthdays

- March birthday: 13- Helen Kitchings

Calendar of meetings & events

- March 19: Deaf Chat, 10am, Panera, Ft. Oglethorpe
- March 20: CAPTIONING 101, 2pm
- April 12: Swing into Spring Fashion Show & Luncheon, RT Lodge, Maryville. Contact amanda@handsf.org for info/tickets
- April 14: **Captioned performance** of "Cat on a Hot Tin Roof," 7pm, CTC
- April 17: Clarity products, 2pm
- April 29: Community Health Expo, ChattState, 9am-1pm. See page 3.
- April 30/May 1: Cornbread Festival Help (we get a donation to the Walk)
- May 14: Walk4Hearing, 10am
- May 19: **Captioned performance** of "The Women," 7pm, CTC
- June 16-19: HLAA Convention, Wash., DC
- July 7: **Captioned performance** of "Hairspray," 7pm, CTC
- Oct. 15: GoFest at the Zoo!
- Oct. 15-19 (2012): 42nd Annual Southeast Regional Institute on Deafness Conference in Chattanooga. See www.serid.org for information.

In our thoughts & prayers...

- Jana Massengale, tonsilectomy
- Sarah Samarin, knee surgery

Congratulations...

- Dick & Nelda Twitchell's son, Matthew, was named VP & COO, Franklin Associates, Architects, Inc.

Local captioners **Linda Hershey** and **Joyce Casey** will discuss captioning issues and how it works to members and guests of Hearing Loss Association Chattanooga Chapter at 2 p.m. on Sunday, March 20, Ronald McDonald Community Room. All are welcome!



Go Team!

2011 Walk4Hearing Teams
updated 3/16/11

Hey Team Captains!

I hope you remember about the first award for the Chattanooga Walk4Hearing. Do you remember hearing the announcement that the 2011 Chattanooga Walk4Hearing Committee is awarding ONE team a \$100 DONATION towards its goal -- **THE TEAM MUST HAVE REGISTERED ON THE WEBSITE BEFORE MIDNIGHT FRIDAY, MARCH 18TH.**

A "team" must consist of at least 3 members: the captain and two or more others to qualify. Each team member **must be registered on the Convio walk website** on or before midnight EST this coming Friday night. Those in the Central Time zone, beware -- this is Eastern Daylight Time zone of midnight!

To register, go to www.walk4hearing.org and click "register." Then choose Chattanooga as your location.

If "returning walker team member," click on that for an easy on-line registration.

If NEW walker team member, click on that and go through the sign-in form.

*Winnie Hargis, Chattanooga W4H Team Captain Coordinator; Email: whargis@windstream.net
Land-line/Fax phone 706-226-4290, Cell/Text Phone 706-217-7398*

Current Regular Teams

- Bice Family Team
- Susie Q and You
- Beltone Hearing Aid Centers
- Team Alex (Ears for Scooby)
- Step'N for Caleb
- Twitchell's Gang
- Associates in Ear Nose and Throat
- HJ's High Tech Hearing Team
- McCombs River Ramblers

Current Alliance Teams

- Alpha Beta

- Knoxville HLAA
- Dalton LWV
- Chattanooga State Foundation
- Chattanooga Deaf Community Center LLC
- NaSHHHers
- Hearing and Speech Foundation
- Proctor's Gamble (ChattState Foundation)

Teams NOT Currently Registered on Convio

- Go Georgia! – GA State HLA office
- UTC
- Johnson's Joggers
- Clarity



Comcast captioning problems?

Contact:

Frank Eliason
1701 John F. Kennedy Blvd
Phila., PA 19103-2838

Closed_Captioning@comcast.com

Have CKD?

From Better Hearing Institute website

People with chronic kidney disease (CKD) should take the Across America Hearing Check Challenge—a free, quick, and confidential online hearing test at www.hearingcheck.org. The non-profit Better Hearing Institute (BHI) is offering the test as part of its effort to raise awareness of the link between chronic kidney disease and hearing loss. March is National Kidney Month. BHI's online test will help people determine if they need a comprehensive hearing check by a hearing professional.

According to the National Kidney Foundation, an Australian research team assessed more than

2,900 individuals aged 50 and older, including 513 with moderate chronic kidney disease. Of those with CKD, more than 54 percent reported some level of hearing loss compared to only 28 percent of the rest of the group. Nearly 30 percent of the CKD participants showed severe hearing loss compared with only 10 percent of the non-CKD participants.

70+?

From Audiology Online

A new study published in the Journals of Gerontology reported that hearing loss is prevalent in about two thirds of adults age 70 and older. Hearing instrument use was reported at approximately 40 percent in those with moderate hearing loss and only 3 percent for those with mild hearing loss.

The study analyzed data from the National Health and Nutritional Examination Survey, examined audiometry results, and obtained demographic and potential epidemiological factors (i.e. noise exposure) via interviews from 717 older adults. The researchers, from Johns Hopkins, the University of Maryland and the National Institute on Aging, defined hearing loss in this study as a speech frequency Pure Tone Average (PTA) of greater than 25 dB in the better ear.

Among the authors' conclusions is the statement that more research is needed to determine the role of hearing instruments for people with mild hearing loss.



Captioned Performance:

Thurs., April 14 • 7 p.m.

by Tennessee Williams

Winner of the Pulitzer Prize and the Drama Critics Award for Best Play. *The sensuality and excitement of CAT ON A HOT TIN ROOF first heated up Broadway in 1955 with its gothic American story of two brothers (and their wives) vying for the inheritance of their dying father, Big Daddy, amid a whirlwind of sexuality untethered (in the person of Maggie the Cat), and the burden of love repressed (in the person of her husband, Brick Pollitt). Williams, as he so often did with his plays, rewrote CAT ON A HOT TIN ROOF for many years – this version was prepared by Williams for the American Shakespeare Festival production in 1974, with all the changes that satisfied the playwright's desire for a definitive text.*

Call the box office at 267-8534 or visit theatrecentre.com



Kickoff Fun!

At left, special guests Kim Chapman, NewsChannel9 anchor; Cindy Sharrock, Extreme Makeover: Home Edition, and Cindy's audiologist, Megan Johnson, enjoy the day with approximately 90 guests present.

Above, Susie Collins presents a Walk4Hearing foot magnet door prize to Phyllis Myers, Alpha Beta ESA member as her ESA sisters watch. Alpha Beta is an alliance team.

4TH ANNUAL HEALTH, FUN & WELLNESS Expo



VALUABLE INFORMATION TO ENHANCE YOUR LIFESTYLE!

FREE!

AND OPEN TO THE PUBLIC!

INFORMATION FOR
MEN & WOMEN

FREE HEALTH SCREENINGS

The event is free and open to the public and will feature numerous health screenings and exhibits from area health professionals and wellness-related organizations. In addition, the Hamilton County Sheriff's office will conduct "Operation Medicine Cabinet" a drug take back program where anyone can safely turn in unwanted medications for proper legal disposal. The purpose is to keep medications out of the hands of children and our water supply.

Adults Only Please—No children or strollers.

These services are offered for information purposes only and are not intended to replace regular medical care.

For information regarding sponsorship or exhibitor registration, contact: Dr. Nancy Watts at Nancy.Watts@ChattanoogaState.edu

HOSTED BY CHATTAHOOGA STATE'S COMMUNITY HEALTH INSTITUTE
Friday, April 29 • 9:00 A.M. - 1:00 P.M.

CHATTAHOOGA STATE HEALTH SCIENCE CENTER • Annicola Highway

FREE PARKING



Chattanooga State Technical Community College is a Tennessee Board of Regents institution and an EDUAA/Title VI/Title IX/Section 504/ADA employer. Public Ad-ads



From medicinenet.com

What are the causes, risk factors, and signs of hearing loss in children?

There are a number of risk factors for hearing loss in children, so there are a number of special reasons why a child's hearing may need to be screened or tested. Common indications for a hearing evaluation include

- speech delay,
- frequent or recurrent ear infections,
- a family history of hearing loss (hearing loss can be inherited),
- syndromes known to be associated with hearing loss (for example, Down syndrome, the Alport syndrome, and Crouzon syndrome),
- infectious diseases that cause hearing loss (for example, meningitis, measles, and cytomegalovirus [CMV] infection),
- medical treatments that may have hearing loss as a side effect, including some antibiotics and some chemotherapy agents,
- poor school performance, and
- diagnosis of a learning disability or other disorder, such as autism or pervasive developmental disorder (PDD).

In addition, the circumstances surrounding the pregnancy and birth may be associated with subsequent hearing loss. If there is a history that includes any of the following, a child should have a hearing assessment.

- low birth weight (less than 2 pounds) and/or prematurity
- assisted ventilation (to help with breathing for more than 10 days after birth)
- low Apgar scores (numbers assigned at birth that reflect the newborn's health status)
- severe jaundice after birth
- maternal illness during pregnancy (for example, German measles [rubella])
- hydrocephalus

More fun...

Jana Massengale, Step'N for Caleb team captain, shares her son's story of hearing loss and why she walks.



HCAA Chattanooga Chapter Treasury Report: March 16, 2011:

Beginning Balance (Feb. 2011)
\$5,513.90

Deposits & Credits
\$15.00

Earned Interest
\$.21

Disbursements
\$0.00

Ending Balance (Jan. 2011)
\$5,529.11*

FYI: 2010 YTD Interest: \$.44

(*2010 Walk4Hearing income not included.)

Photographer- Alison Moon
-Our Local Photographer-

Photographer- Teresa Elwadowski Moon
-Our Local Photographer-

Local support as of 3/16/2011

Larry & Jane Akers (10/2011)	\$15
Frances Andrews (11/2011)	\$10
Lillian Barnett (2/2013) - 2 years	\$20
Warren Barnett (11/2012) - 2 years	\$20
Jeff Bonnell (due now)	
Mrs. Walter Brissenden (12/2011)	\$10 + gift
Dot Carter (past due)	
Mary Coleman (9/2011)	\$10
Susie Collins (3/2012)	\$10
Brian & Annette Drake (past due)	
Cynthia Eby (11/2011)	\$10
Mary Elam (past due)	
Marilyn Fisher (11/2011)	\$10
Gary & Ruth Fox (11/2011)	\$15
Steven & Sharon Fritts (4/2011)	\$15
Provash Ghosh (past due)	
Winnie Hargis (past due)	
David & Cathy Harrison (11/2011)	\$15
Kris Headrick (10/2011)	\$10
David, Debbie & Alexis Ingram (2/2012)	\$15
Taber Jenkins (1/2012)	\$10
Katy Jones (8/2012) - 2 years	\$20
Judy Kincer (11/2011)	\$10
Helen & Charles Kitchings (8/2011)	\$15
Bill Lawson (11/2011)	\$10
Jeanette Legg (9/2011)	\$10
Bea Lyons (11/2012) - 2 years	\$20
Nita Martin (8/2012) - 2 years	\$20
Dorris & Sam McBride (past due)	
Tom & Diane McCombs (12/2011)	\$15

Elaine Moniz (1/2012) - 2 years	\$20
Lana & Bud Newton (2/2012)	\$15
Marge Pasch (12/2011)	\$10
Vivian Putnam (11/2011)	\$15
Betty Proctor (past due)	
Robbye Reep (past due)	
Ron Reynolds (11/2011)	\$10
Sara & Dan Rhein (past due)	
Terri Rice (past due)	
Peggy Anne Rogers (4/2011)	\$10
David Saluk (11/2012) - 2 years	\$20
Jim & Joan Sewell (past due)	\$15
Laqueta Soule (1/2012)	\$10
Betty Soward (past due)	
Dave & Myralin Trayer (4/2011)	\$15
Nelda & Dick Twitchell (11/2011)	\$15
Howard VanZant (past due)	

If your support fees are past due, please remit as soon as possible.

Individual fees are \$10 while family fees run \$15. You may pay your fee at the regular meeting or mail it to our PO box shown on mailing panel of this newsletter. The chapter survives because of your generosity! Not a supporting member? See box at right and pay your fees to become one!

(Date next to name indicates when membership is next due - thanks for supporting the chapter!)

Treasury report on page 3.

HLAA Membership

HLAA is committed to creating awareness of hearing loss issues.

Local Support Benefits:

Newsletter, membership directory, special mailings, educational info, support, National HLAA information

Memberships are good for one calendar year.

To become a member, sign up below:

Name _____

Address _____

City _____

State/Zip _____

Phone # _____

Work Phone _____

E-mail address _____

Birthday _____

___ HLAA Chattanooga Chapter, circle one:

\$10 individual, or **\$15** family, **mail to:**

PO Box 25254, Chattanooga, TN 37422-9992

___ HLAA National Dues, **\$35**

Includes Hearing Loss magazine subscription, **mail to:**

HLAA, 7910 Woodmont Ave., Suite 1200

Bethesda, MD 20814 or visit www.hearingloss.org and pay online!

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HLAA (formerly SHHH)

CHOO-CHOO CHAPTER SIGNAL, c/o Betty A. Proctor, editor
P.O. Box 25254, Chattanooga, TN 37422-9992

Next meeting: March 20

Sunday, March 20, 2pm in the Ronald McDonald Community Room.

Topic: Captioning 101: Linda Hershey & Joyce Casey

Fellowship and refreshments, all are welcome! Meetings captioned and loop system in use.

Captions by Joyce Casey.

Refreshments by Winnie Hargis & Joyce Casey.

Visit our website: <http://hearingchattanooga.org/>

