



## Chapter Calendar of Events

### Wednesday, February 12

Chattanooga Chapter of TODB meets 10am-2pm, Signal Centers on Bailey Ave.

### Sunday, February 16 - REGULAR MEETING

Ototoxicity: Meds you take can hurt your ears, 2pm, Ronald McDonald House

### Thursday, March 6

The Taming of the Shrew, Chattanooga Theatre Centre, 7pm, captioned

### Sunday, March 16 - REGULAR MEETING

Tinnitus: do you hear that noise? 2pm, Ronald McDonald House

### Thursday, March 27

And Then There Were None, Chattanooga Theatre Centre, 7pm, captioned

### Saturday, April 5

Colonooga Event for Signal Centers

### Saturday, March 29 - SAVE THE DATE!

Kickoff for Walk4Hearing at Chattanooga Theatre Centre; 11am-1pm

### Saturday, May 10 - SAVE THE DATE!

6th Annual Walk4Hearing at ChattState

Hearing Loss Association of America  
Chattanooga  
**WALK4 HEARING**<sup>®</sup>  
*Save the date!*  
Saturday, May 10  
Chattanooga State & Riverwalk  
9am Registration/Activities • 10am Walk



# Hearing Loss Association of America

## Chattanooga Chapter *CHOO-CHOO SIGNAL NEWSLETTER* *A resource for people with hearing loss*

February 2014



Cindy Gary chats with Vic Humm, while Gary Fox chats with Charles and Diane Slover.

### January wrap up and February meeting plans

Atlanta audiologist Cindy Gary and her presentation on cochlear implants equalled a large turnout during our January meeting despite the fluctuating weather we experienced during the month.

At the February 16 meeting, Bea Lyons will present information about Ototoxicity - or medications that can hurt your ears. Bea, Linda Hershey, and Dick Twitchell all attended the HLAA 2013 convention presentation on this topic. Bea has handouts and lots of information. What you don't know CAN hurt you!

Captioning will be provided by Joyce Casey with refreshments provided by Bea Lyons & Dorris McBride. Be sure to join us!

### Dining out on Valentine's Day?

*If you are, follow these guidelines to help make your day more special...*

- Plan ahead and choose a quieter restaurant.
- Make reservations ahead & ask for accommodations.
- If you go to a favorite restaurant you will already know their specials & options such as salad dressings or side dishes.
- Pick the best time to dine when they are not so busy.
- Review the menu on the website before you go.
- Ask for seating in a well-lit area.
- Pick a table in the least noisy section.
- Expect that you may hear less in a restaurant than you do in the quiet of your home.
- Sit with your back to the window so lighting is on the speaker's face.
- Request that music be lowered.
- Tell the host/hostess or waiter/waitress to face you and speak clearly.
- Use a directional microphone and/or FM system.
- Don't bluff & enjoy your evening!



By Betty Proctor, W4H chair

Have you been paying attention this week? The Walk4Hearing website went live and we already have 8 teams! Welcome teams!

1. Happy Hands
2. Marty's Center
3. TN Hands & Voices
4. FCC Chalice Champs
5. Jennifer Ohmart Myers team
6. KB's Krew
7. I Heart Chattanooga
8. Chattanooga State Foundation

**Our sponsor list is also growing!**

- NEW Gold in-kind sponsor: Brewer Media
- NEW Silver sponsor: Memorial Hospital
- RETURNING Silver in-kind sponsors: Chattanooga Times Free Press & Volkswagen Chattanooga
- RETURNING Bronze sponsor: Caption Associates, LLC
- RETURNING Supporter

- sponsor: David, Debbie & Alexandra Ingram
- RETURNING Friend in-kind sponsor: Coca-Cola
  - NEW Walk Route in-kind sponsor: Manasi's Art

**Walk event new layout!**

- Food will be located on the sheltered porch facing the stage.
- Kids activities will be to the left of stage as you face it, including the bounce house, face painting & more TBA.
- Vendors will be outside, facing the stage - *vendors must supply their own tents* but tables & chairs will be provided.

- Registration remains on the Omniplex porch

**Walk prizes!**

- \$100 value prize for the individual who collects the largest amount of donations.
- Medals for all children who participate in the Walk.

Welcome 2014 Walk4Hearing Sponsors as of February 8



in print | online | in your community



Chattanooga



David, Debbie & Alexandra Ingram

- Prize to top team that raises the most funds.
  - AND MORE!
- Remember our two main focus areas:**
- 1) Greater hearing accessibility, and 2) children with hearing loss.
- HLAA Chattanooga will help

support kids summer camps through funds raised by Walk4Hearing with financial aid assistance available for those parents who qualify.

Like us Facebook! <https://www.facebook.com/ChattanoogaTnWalk4Hearing>

**SHAKESPEARE'S THE TAMING OF THE SHREW**



**Captioned performance:**  
**7:00pm,**  
**Thursday,**  
**March 6**

Sweet-tempered daddy's girl Bianca can have her pick of suitors, but not until her sister, the acid-tongued Kate, can be married off. Rising to the challenge is Petruchio, but can he match Kate jab for jab? A battle of the sexes is engaged as this hilarious, delirious tangle of masquerades and misdirection becomes, in the end, a surprising love story that dares to ask what roles we play...and, underneath, who we really are. Our production will have you singing and dancing in the aisles as the story's setting of Padua is transported to a neighborhood not unlike Manhattan's Little Italy in 1960 and scored with familiar tunes by the likes of Louis Prima, Rosemary Clooney and Tony Bennett.

Tickets: [www.theatrecentre.com](http://www.theatrecentre.com) or call 423-267-8534





**Movie fan?**

The following Carmike Cinemas in the Chattanooga area now provide captioning in their theaters:

- Wynnsong 10 on Gunbarrel Rd.
- Majestic 12 on Broad St.
- Northgate 14 behind Northgate Mall
- Bradley Square 12 in Cleveland

**HLAA Chattanooga Chapter Treasury Report  
January 05 - February 05, 2014**

Beginning Balance (Jan. 05, 2014)	\$6,698.25
Deposits & Credits	70.00
Withdrawals	0.00
Checks:	
#617: Alexian Brothers Newsletter Ad	460.00
Ending Balance (Feb. 05, 2014)	\$6,308.25

*Beatrice R. Lyons, Treasurer*

**Marty Dunagan**  
Director

423.509.9718

4315 Brainerd Road  
Chattanooga, TN 37411



**ASL Class**

An ASL sign language class will begin on Jan. 28th and continue for 15 weeks from 6 to 8pm at the Partnership of Family, Children and Adults at 1800 McCallie Ave. Cost is \$150. For more information contact Vicki Dunn. e-mail address vdunn6466@gmail.com.




STATE OF TENNESSEE  
DEPARTMENT HUMAN SERVICES  
DIVISION OF REHABILITATION SERVICES  
SERVICES FOR THE DEAF AND HARD OF HEARING

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CHATTANOOGA, TN 37403-0048

**Walk4Hearing in Chattanooga  
will be Saturday, May 10...  
join us!!**




**For information email  
Brandi Groce at  
b\_randi04@yahoo.com**

**What:** Tennessee Hands & Voices Family Social Event

**When:** Saturday, February 15<sup>th</sup>, 2014

**Time:** 12:00-2:00 p.m.

**Where:** Brainerd United Methodist Church Gym  
4315 Brainerd Rd.  
Chattanooga, TN

**What Will Happen:** Children will have an area to play games and interact with each other. Parents will have some time to get to know one another and the professionals in the group. We will continue to discuss spring plans and events for the group!

**Who is Invited:** Children who are Deaf or Hard of Hearing, their families, and the professionals who serve them.

**Food is Provided:** If you would like to help us furnish snacks and finger foods for the event, we would greatly appreciate it! Some ideas of food items could be chips/dip, cookies, crackers, sandwiches, salsa/chips, meat/cheese tray, veggies or veggie tray, juices, cokes, fruits or fruit tray (with caramel or fruit dip), pickles, etc.

\*When you RSVP, please let me know if you can volunteer to bring something!\*

Please help get the word out to any parents of Deaf and HOH children you may know and encourage them to come and meet other children and their parents. We are a great group of parents and professionals who enjoy one another, learn from one another, and support one another *without bias!* Contact Brandi Groce with any questions! We really look forward to this social, and hope to see you there!

Contact & RSVP: Brandi Groce - b\_randi04@yahoo.com

We believe "What works for your child is what makes the choice right." ©

### Fatigue and children with hearing loss

HLAA National website: [www.hearingloss.org](http://www.hearingloss.org)

New research shows that school-aged children with hearing loss experience significantly more fatigue than their normal hearing peers. It has been shown that adults with hearing loss require more 'effort in hearing' when doing the same job as their peers. This extra effort often causes fatigue, strain, and burnout. The authors of this new report speculate that children with hearing loss could experience the same hearing-related stress issues at school.

Catch up on the latest chapter news by visiting our chapter website or chapter Facebook page:  
**[www.hearingchattanooga.org](http://www.hearingchattanooga.org)**  
**[www.facebook.com/hearingchattanooga](http://www.facebook.com/hearingchattanooga)**

Marty's Center presents...

# HIP & SIP Camp 2014

Summer Camp/Extended School Year  
June 2 - August 8 • 7:30am - 5:30pm\*

**AGES 5-14 • Academic Continuum and Reinforcement  
Hearing Impaired Program (HIP) • Speech Impaired Program (SIP)**

**COST:**  
\$125 per week • Weekly options or entire summer

**Registration deadline: May 16, 2014**  
First come, first serve so register early!

*Financial Aid available for those who qualify.  
Sibling "and" typically developing children are accepted as well.*

**ACTIVITIES**

- Aquarium
- Arts/Crafts
- Bowling
- Games
- Gymnastics
- Handbell Club
- Imax
- Lookouts Game
- Marionette Week
- Rock City
- Soccer
- Tennis

Marty Dunagan,  
Camp Director

Co-sponsored by  
Hearing Loss  
Association  
of America  
Chattanooga Chapter




4315 Brainerd Rd. • Chattanooga, TN 37411 • 423-805-3025 • martyscenter@epbf.com

## HLAA Membership

HLAA is committed to creating awareness of hearing loss issues.

**Local Support Benefits:**

- Newsletter, membership directory, special mailings, educational info, support, National HLAA information
- Memberships are good for one calendar year.

To become a member, sign up below:

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State/Zip \_\_\_\_\_

Phone # \_\_\_\_\_

Work Phone \_\_\_\_\_

E-mail address \_\_\_\_\_

Birthday \_\_\_\_\_

\_\_\_\_\_ HLAA Chattanooga Chapter, circle one:  
\$10 individual, or \$15 family, mail to:  
PO Box 25254, Chattanooga, TN 37422-9992

\_\_\_\_\_ HLAA National Dues, \$35  
Includes Hearing Loss magazine subscription, mail to:  
HLAA, 7910 Woodmont Ave., Suite 1200  
Bethesda, MD 20814 or visit [www.hearingloss.org](http://www.hearingloss.org)  
and pay online!

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**CHOO-CHOO CHAPTER SIGNAL**  
c/o Betty A. Proctor, editor  
P.O. Box 25254  
Chattanooga, TN 37422-9992

**FEBRUARY MEETING:**  
**Sunday, February 16 • 2pm**  
Ronald McDonald Community Room

**Topic:**  
Ototoxicity: Medications That Can Harm Your Hearing

**Speaker:**  
Bea Lyons



**Refreshments:** Bea Lyons & Dorris McBride  
**Captioning:** Joyce Casey



<http://www.hearingchattanooga.org>